

NEWS

Shanti Starts Vegan Mondays

By Scott Kearnan
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Vegan foodies, we feel your pain. It's not fun to have to always hunt for the one menu item you can actually eat. Good news: the new Roslindale location of beloved Indian spot **Shanti** is dedicating a month's worth of Mondays to you. Starting October 7, each Monday will offer a four-course vegan prix fixe dinner (\$25) that sounds delicious enough to convert even carnivores for a night. Dishes include red lentil soup with sautéed spinach, mustard seed and roasted garlic; bhindi saagwala with okra, mustard greens, peppers, onions, chili flakes, garlic, lentils cracker with rice or roti; and coconut kheer (similar to rice pudding) made with coconut milk, rice grains and cardamom. A menu where meat eaters will be the ones feeling left out? My, how the tides have changed.

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